



Grant Application

Information Pack and Application Form

Closing Date: Wednesday 6th October at 3:00pm

mPower Communities Fund

mPower is supported by the European Union's INTERREG VA Programme and managed by the Special EU Programmes Body (SEUPB).



CONTENTS

	PAGE
1 Introduction	3
2 Background Information	3
3 Grant Funding Available	4
4 Minimum Requirements	5
5 Grant Application Process	5
6 Grant Application Form	7
7 Evaluation Process	9
8 Guidance Notes	14
Appendix 1: Application Form	16
Appendix 2: Aims and Objectives mPower Project	29

1.0 INTRODUCTION

- 1.1 The Southern Health and Social Care Trust (the Trust), through support from the mPower Communities Fund are seeking grant applications from Community and Voluntary Organisations who wish to apply for a grant to facilitate either establishing new health and social well-being activities or services or the reintroduction of pre COVID-19 activities in line with COVID-19 restrictions and guidelines.
- 1.2 This grant will support organisations to complete a project to make adjustments to indoor or outdoor spaces to enable safe socially distanced activities to take place to achieve improved health and social well-being outcomes for people aged 65+.
- 1.3 Key dates are noted below:
- The project must be delivered in full by 31 March 2022.
 - A post project evaluation must be completed by organisations awarded grants by 30 April 2022.
 - mPower will engage with organisations awarded grants to support the delivery of project objectives from the grant award date until 31 May 2022.

2.0 BACKGROUND INFORMATION

- 2.1 mPower is a project supported by the European Union's INTERREG VA Programme, managed by the Special EU Programmes Body (SEUPB).
- 2.2 The aim of the mPower project is to empower people (a) aged 65+ (b) who are resident in South Down, Newry City, South Armagh and (c) who are managing at least one long-term health condition to take a more active role in self-managing their health and well-being.

2.3 In pursuit of this aim, the mPower project includes two service strands as detailed below:

2.3.1 Community Navigators

Community Navigators support beneficiaries to develop and complete a personalised Well-being Plan. The Well-being Plan can include any action the person believes will help them to manage their physical health, emotional well-being or their sense of feeling included in their family and community.

2.3.2. Working with Clinicians and Service Providers

The mPower Team work with clinicians and Service Providers who seek to address the health and well-being needs of the target population to incorporate the following types of technology into their service provision: video-conferencing, home and mobile health monitoring and digital apps. While the importance of these activities to help keep older people active and connected with their community is recognised, in the context of COVID-19, the majority of Community and Voluntary sector activities have been unable to open to the public in their usual face-to-face format.

2.4 The purpose of the grant is to create the conditions for and encourage people aged 65+ who are living in South Down, Newry City or South Armagh to re-engage in group health and social well-being activities and / or support services in the community which are delivered in a COVID-19 compliant manner.

3.0 GRANT FUNDING AVAILABLE

3.1 A total of up to £42,500 grant funding will be available.

3.2 A maximum of 9 awards will be made as per the detail noted in Table 1.

Table 1:

	Number of awards	Funding available per award
	2	£8,500
	4	£4,500
	3	£2,500
Total	9	

4.0 MINIMUM REQUIREMENTS

4.1 Grant applications are sought from Community and Voluntary organisations who meet all of the minimum requirements detailed below.

4.2 Community and Voluntary organisations must:

- Be established as a constituted group (Constituted group statement to be attached to the grant application)
- Have current and at least one years' experience of delivering health and well-being supports or services to people aged 65+ in South Down, Newry City or South Armagh area post codes BT34 and BT35 (Detail is required as part of the grant application)
- Not have been successful or awarded similar grants for additional costs incurred in the delivery of services as a result of COVID-19 (Organisations are not entitled to claim under this grant application process for costs which have already been funded from other sources e.g. HSCB, PHA, Department of Communities or other public sector funding streams).
- Have confirmed funding to complete the project proposed if the costs exceed the grant funding available.
- Agree to complete the project in full by 31 March 2022
- Agree to submit a post-project evaluation report by 30 April 2022

5.0 GRANT APPLICATION PROCESS

- 5.1 Organisations who wish to submit a grant application for consideration can do so by completing the Grant Application Form – APPENDIX 1.
- 5.2 The closing date and time for receipt of grant applications is **Wednesday 6th October at 3:00pm.**
- 5.3 Applicants will be advised of the grant application process outcome by the end of October 2021.
- 5.4 The Grant Application Process is divided into 3 separate LOTS.
- 5.5 The number of awards and funding available for each LOT is noted in Table 2:

Table 2:

LOT Number	Number of awards	Funding available per award
LOT 1	2	£8,500
LOT 2	4	£4,500
LOT 3	3	£2,500
Total	9	£42,000

- 5.6 Organisations can submit a maximum of one grant application for any or all of the LOTS, however only one grant award will be made to any organisation.
- 5.7 Each grant application must be for the total amount of funding available for an award within the LOT applied for.

5.8 Grants will be awarded as outlined in Table 2 and shall not be subject to increase for any reason.

5.9 Grant payment arrangements will be agreed with individual organisations based on their proposal post award.

5.10 A break-down of the full cost of the project being undertaken to facilitate either establishing new activities or services or the reintroduction of pre COVID-19 activities in line with COVID-19 restrictions and guidelines must be submitted.

This total cost quoted must be fully inclusive of:

- all labour (including installation and construction)
- all equipment
- all travel / incidental expenses for staff
- all administration overheads, duties, photocopying etc.
- all insurances
- all reporting to the Trust

5.10 All costs must be quoted in pounds sterling, exclusive of VAT.

5.11 In the event that the project being undertaken to facilitate either establishing new activities or services or the reintroduction of pre-COVID-19 activities in line with COVID-19 restrictions and guidelines is not delivered within the timescales noted within your grant application, the Trust reserves the right to recover any grant funding awarded.

6.0 GRANT APPLICATION FORM

6.1 The grant application form (Appendix 1) is made up of the sections noted below (Please read the detail carefully on how to complete the application).

Section 1	<p><u>General Information</u></p> <p>To be completed only once, regardless of the number of LOTS being applied for.</p>
Section 2	<p><u>Grant Application Summary</u> (Detail the LOT or LOTS that you are submitting a grant application for)</p> <p>To be completed only once, regardless of the number of LOTS being applied for.</p>
Section 3	<p><u>Minimum Requirements</u></p> <p>To be completed only once, regardless of the number of LOTS being applied for.</p>
Section 4A – LOT 1	<p><u>Award Criteria Questions</u></p> <p>(a) To be completed if applying for LOT 1 or</p> <p>(b) If you are submitting grant applications for multiple LOTS based on the same proposed project, complete this section only and this detail will be used to evaluate all LOTS that you have submitted a grant application for.</p>
Section 4B – LOT 2	<p><u>Award Criteria Questions</u></p> <p>To be completed if applying for LOT 2</p>
Section 4C – LOT 3	<p><u>Award Criteria Questions</u></p> <p>To be completed if applying for LOT 3</p>
Section 5	<p><u>Declaration</u></p> <p>To be completed only once, regardless of the number of LOTS being applied for.</p>

7.0 EVALUATION PROCESS

7.1 The purpose of this section is to outline the evaluation methodology and marking scheme in terms of scoring and weightings that will be applied to this grant application process. The grant application adjudication group will evaluate the grant applications submitted which will be evaluated as outlined.

7.2 Compliance Checks:

7.2.1 Grant applications will be checked to ensure that applicants have fully completed and returned the application form as requested. Any applicant who has not followed the instructions in full may have their grant application deemed non-compliant and it may be rejected. It is therefore critical that an applicant double checks that their grant application is completed and submitted in full (Ensure your constituted group statement is attached to your grant application)

7.3 Minimum Requirements Evaluation:

7.3.1 There are 6 minimum criteria questions. Organisations must answer all questions as per the instructions. These questions will be scored as a PASS or FAIL.

7.3.2 Organisations must pass all minimum requirement questions otherwise the grant application will fail and will not be considered any further in the evaluation process.

7.3.3 If an organisation is eliminated from the process at this stage the responses to the award criteria questions will not be considered.

7.3.4 The Trust reserves the right to verify responses to any of the minimum requirement questions.

7.4 Award Criteria Questions:

7.4.1 Within the application process there are 5 award criteria questions:

- 4 Award Criteria Questions (Questions 1- 4) will be scored

- 1 Award Criteria Question (Question 5) is requested for information only and will not be scored.

7.5 The award criteria questions (Questions 1-4) will be scored using the methodology outlined in:

- Table 3: Scoring Matrix and
- Table 4: Award Criteria Questions Weightings

7.6 Award criteria questions (Question 1-4) will be scored 0-5 based on the scoring rationale detailed in Table 3: Scoring Matrix.

Table 3: Scoring Matrix

Mark	Award Explanation / Description
0	The required information has not been submitted or failed to address the question.
1	An unacceptable response with serious reservations. High risk that the proposed approach will not be successful.
2	A response with reservations. Medium risk that the proposed approach will not be successful.
3	A response with some reservations but demonstrates that the requirements will be generally met.
4	Good response that meets the requirements in all material respects.
5	Excellent response that comprehensively meets the requirements. Response demonstrates that the Service Provider will provide outstanding Services if awarded.

7.7 Grant applications that score 0 or 1 in any of these questions will be rejected and will not be considered any further in the evaluation process.

7.8 For applications that have successfully progressed to this stage of the evaluation their scores will then be converted into a percentage score based on the detail noted in Table 4: Award Criteria Questions Weightings

Table 4: Award Criteria Questions Weightings

Question Number	Award Criteria Questions	Scores Available = Weighted %	Total % Award Weighting Available
Q.1 Scored	<p>Detail the purpose of the funding and how the adjustments proposed to your indoor or outdoor space will enable group health and social wellbeing activities or services to resume in a safe manner in line with COVID-19 restrictions and guidelines.</p> <p>Within your response detail the timescales for completion of the project.</p> <p>Attachments are NOT permissible. (Response Maximum Words – 650)</p>	<p>5 = 30%</p> <p>4 = 24%</p> <p>3 = 18%</p> <p>2 = 12%</p> <p>1 = 6%</p> <p>0 = 0%</p>	30%
Q.2 Scored	<p>Detail if the grant application is seeking to facilitate a project to (a) establish new activities or services or (b) reintroduce pre-Covid activities or services and what these activities are.</p> <p>Within your response detail the difference that the completion of your proposed project will make in relation to the number of potential activities offered, the number of individuals who can attend activities and</p>	<p>5 = 30%</p> <p>4 = 24%</p> <p>3 = 18%</p> <p>2 = 12%</p> <p>1 = 6%</p> <p>0 = 0%</p>	30%

Question Number	Award Criteria Questions	Scores Available = Weighted %	Total % Award Weighting Available
	<p>the number of hours per week that services / activities will be available.</p> <p>Attachments are NOT permissible. (Response Maximum Words – 550)</p>		
<p>Q.3 Scored</p>	<p>Detail how your organisation will encourage people aged 65+ to start or restart attending activities.</p> <p>Attachments are NOT permissible. (Response Maximum Words – 550)</p>	<p>5 = 25% 4 = 20% 3 = 15% 2 = 10% 1 = 5% 0 = 0%</p>	<p>25%</p>
<p>Q.4 Scored</p>	<p>Detail how the purpose for which the grant funding is sought will contribute to the mPower Project as per the mPower Aims and Objectives outlined in Appendix 2</p> <p>Attachments are NOT permissible. (Response Maximum Words – 400)</p>	<p>5 = 15% 4 = 12% 3 = 9% 2 = 6% 1 = 3% 0 = 0%</p>	<p>15%</p>
<p>Q.5 Not Scored</p>	<p>In table format detail a break-down of the costs to complete the proposed project.</p> <p>All costs associated with the completion of the project should be noted.</p> <p>Attachments are NOT permissible.</p>	<p>N/A</p>	<p>N/A</p>

Question Number	Award Criteria Questions	Scores Available = Weighted %	Total % Award Weighting Available
	(Response Maximum Words – 400)		

- 7.9 The percentage scores for the award criteria questions (Questions 1 – 4 Scored) will be added together to achieve a total score for each grant application.
- 7.10 Grants will be awarded to the applicants who submit the highest scoring grant applications for each LOT, until the total number of grants available for that LOT are awarded.
- 7.11 This evaluation process will be completed separately for each LOT.
- 7.12 LOT 1 will be evaluated first, LOT 2 second and LOT 3 third.
- 7.13 An organisation will be awarded one grant only.
- 7.14 Organisations awarded a grant for LOT 1 will have any grant applications made for LOT 2 and LOT 3 removed from the evaluation process.
- 7.15 Organisations awarded a grant for LOT 2 will have any grant application made for LOT 3 removed from the evaluation process.
- 7.16 In the event that the total number of grants available for each LOT cannot be awarded, the Trust reserves the right to increase the number of grants awarded against any LOT to maximise the allocation of funding available (£42,500) and the maximum number of grant awards available (9)
- 7.17 In instances where grant applications achieve the same overall score and there is a tie break situation the following will apply in the order presented:
- In the event there is a tie, the grant application with the highest score for Award Criteria Question 1 will be awarded the grant

- In the event there is still a tie, the grant application with the highest score for Award Criteria Question 2 will be awarded the grant.
- In the event there is still a tie, the grant application with the highest score for Award Criteria Question 3 will be awarded the grant.

8.0 GUIDANCE NOTES

- 8.1 Read this document in full before completing a grant application.
- 8.2 Ensure your grant application is signed and dated and submitted in PDF format.
- 8.3 Grant applications can be submitted via either email or post.
- 8.4 The Trust shall not be responsible for any payment in connection with any expenses which may be incurred by the organisation in the preparation and submission of the grant application.
- 8.5 The Trust is not obliged to accept any grant application.
- 8.6 The Trust will not enter into detailed discussions on the requirements of this process with individual organisations.
- 8.7 Clarification questions can be submitted up to 3:00pm on Friday 1st of October 2021
- 8.8 All queries from organisations seeking clarification should be made via email only to the following email address: aidan.mccabe@southerntrust.hscni.net
- 8.9 The Trust shall not be responsible for contacting the organisation through any route other than by responding to the individual from whom the clarification request was sent. It is the organisations responsibility to monitor such correspondence.

- 8.10 Organisations should seek to clarify any points of doubt or difficulty relating to the documentation before submitting their grant application.
- 8.11 Telephone or oral enquiries will not be considered.
- 8.12 Completed applications should be submitted via email to mpower@southerntrust.hscni.net or by post to Karen Faloon, Promoting Well-being Division, John Mitchel Place Clinic, Newry, BT34 2DG by 3:00pm on Friday 6th of October 2021
- 8.13 If you are submitting your application by post please do so via recorded delivery. Grant applications received by post after this time and date will not be considered.
- 8.13 The Trust will confirm receipt of grant applications submitted by post to applicants via email. If you have not received an email confirmation from the Trust by Monday 11th of October please send an email to aidan.mccabe@southerntrust.hscni.net otherwise your grant application may not be considered.

Grant Application Form

SECTION 1

General Information (Insert Organisation Details)

Organisation Name:	
Address:	
Contact Name:	
Office Number:	
Mobile Number:	
Email Address:	

SECTION 2

Grant Application Summary

Please tick the LOT or LOTS that you are submitting a grant application for and confirm if they are based on the same proposed project

LOT 1	
LOT 2	
LOT 3	
Tick if the LOTS that you are submitting a grant application for are based on the same proposed project. If so please complete Section 4A only and this detail will be used to evaluate all LOTS that you have submitted a grant application for.	

SECTION 3

Minimum Requirement Questions (Please answer each of the questions below either YES or NO and insert the detail requested in response to Question 4)

	<p>Minimum Requirement Questions (A YES response will result in a pass. A NO response will result in disqualification and your grant application will not be processed further).</p>	<p>YES = PASS</p>	<p>NO = FAIL</p>
<p>Q.1</p>	<p>Constituted Organisation Is your organisation constituted? If yes please submit your constituted group statement as evidence with your application.</p>		
<p>Q.2</p>	<p>Other Funding Received Your organisation has not been successful or been awarded similar grants for additional costs incurred in the delivery of services as a result of COVID-19 (Organisations are not entitled to claim under this grant application process for costs which have already been funded from other sources e.g. HSCB, PHA, Department of Communities or other public sector funding streams).</p>		
<p>Q.3</p>	<p>Project Costs Has your organisation confirmed funding to complete the project proposed if the costs exceed the grant funding available?</p>		

SECTION 3

Minimum Requirement Questions (Please answer each of the questions below either YES or NO and insert the detail requested in response to Question 4)

<p>Q.4</p>	<p>Does your organisation agree to complete the project in full by 31 March 2022?</p>		
<p>Q.5</p>	<p>Does your organisation agree to submit a post-project evaluation by 30 April 2022</p>		
<p>Q.6</p>	<p>Experience</p> <p>Has your organisation at least one year experience of delivering health and well-being supports or services to people aged 65+ in South Down, Newry City or South Armagh area post codes BT34 and BT35?</p> <p>If your response is YES, in less than 500 words please insert the detail in the space below.</p>		
<p>Insert your response to Question 6 (Expand space as needed)</p>			

Please Note:

- Only applicants who have achieved a **PASS** in all minimum requirement questions will progress to the award criteria evaluation stage.
- The Trust reserves the right to verify responses to any of the minimum requirement questions.

SECTION 4A – LOT 1

Award Criteria Questions (Insert response to each of the questions)

Please Note: If you are submitting a grant application for multiple LOTS based on the same proposed project, complete Section 4A only and this detail will be used to evaluate all LOTS that you have submitted a grant application for.

<p>Q.1</p>	<p>Detail the purpose of the funding and how the adjustments proposed to your indoor or outdoor space will enable group health and social well-being activities to resume in a safe manner in line with COVID-19 restrictions and guidelines.</p> <p>Within your response detail the timescales for completion of the project.</p>
	<p><i>Insert Response (Expand the space as needed)</i></p> <p><i>Insert a WORD COUNT (Maximum words available 650)</i></p>
<p>Q.2</p>	<p>Detail if the grant application is seeking to facilitate a project to (a) establish new activities or services or (b) reintroduce pre Covid-19 activities and what these activities are.</p> <p>Within your response detail the difference that the completion of your proposed project will make in relation to the number of potential activities offered, the number of individuals who can attend activities and the number of hours per week that services / activities will be available.</p>

SECTION 4A – LOT 1

Award Criteria Questions (Insert response to each of the questions)

Please Note: If you are submitting a grant application for multiple LOTS based on the same proposed project, complete Section 4A only and this detail will be used to evaluate all LOTS that you have submitted a grant application for.

	<p><i>Insert Response (Expand the space as needed)</i></p> <p><i>Insert a WORD COUNT (Maximum words available 550)</i></p>
Q.3	<p>Detail how your organisation will create the conditions and encourage people aged 65+ to start or restart attending activities.</p>
	<p><i>Insert Response (Expand the space as needed)</i></p> <p><i>Insert a WORD COUNT (Maximum words available 550)</i></p>
Q.4	<p>Detail how the purpose for which the grant funding is sought will contribute to the mPower Project as per the mPower Aims and Objectives outlined in Appendix 2.</p>
	<p><i>Insert Response (Expand the space as needed)</i></p> <p><i>Insert a WORD COUNT (Maximum words available 400)</i></p>

SECTION 4A – LOT 1

Award Criteria Questions (Insert response to each of the questions)

Please Note: If you are submitting a grant application for multiple LOTS based on the same proposed project, complete Section 4A only and this detail will be used to evaluate all LOTS that you have submitted a grant application for.

<p>Q.5</p>	<p>In table format detail a break-down of the costs to complete the proposed project.</p> <p>All costs associated with the completion of the project should be noted.</p>
	<p><i>Insert Response (Expand the space as needed)</i></p> <p><i>Insert a WORD COUNT (Maximum words available 400)</i></p>

SECTION 4B – LOT 2

Award Criteria Questions (Insert response to each of the questions)

Please Note: If you are submitting a grant application for multiple LOTS based on the same proposed project, complete Section 4A only and this detail will be used to evaluate all LOTS that you have submitted a grant application for.

<p>Q.1</p>	<p>Detail the purpose of the funding and how the adjustments proposed to your indoor or outdoor space will enable group activities to resume in a safe manner in line with COVID-19 restrictions and guidelines.</p> <p>Within your response detail the timescales for completion of the project.</p>
	<p><i>Insert Response (Expand the space as needed)</i></p> <p><i>Insert a WORD COUNT (Maximum words available 650)</i></p>
<p>Q.2</p>	<p>Detail if the grant application is seeking to facilitate a project to (a) establish new activities or services or (b) reintroduce pre COVID-19 activities and what these activities are.</p> <p>Within your response detail the difference that the completion of your proposed project will make in relation to the number of potential activities offered, the number of individuals who can attend activities and the number of hours per week that services / activities will be available.</p>

SECTION 4B – LOT 2

Award Criteria Questions (Insert response to each of the questions)

Please Note: If you are submitting a grant application for multiple LOTS based on the same proposed project, complete Section 4A only and this detail will be used to evaluate all LOTS that you have submitted a grant application for.

	<p><i>Insert Response (Expand the space as needed)</i></p> <p><i>Insert a WORD COUNT (Maximum words available 550)</i></p>
Q.3	<p>Detail how your organisation will encourage people aged 65+ to start or restart attending activities.</p>
	<p><i>Insert Response (Expand the space as needed)</i></p> <p><i>Insert a WORD COUNT (Maximum words available 550)</i></p>
Q.4	<p>Detail how the purpose for which the grant funding is sought will contribute to the mPower Project as per the mPower Aims and Objectives outlined in Appendix 2</p>
	<p><i>Insert Response (Expand the space as needed)</i></p> <p><i>Insert a WORD COUNT (Maximum words available 400)</i></p>

SECTION 4B – LOT 2

Award Criteria Questions (Insert response to each of the questions)

Please Note: If you are submitting a grant application for multiple LOTS based on the same proposed project, complete Section 4A only and this detail will be used to evaluate all LOTS that you have submitted a grant application for.

<p>Q.5</p>	<p>In table format detail a break-down of the costs to complete the proposed project.</p> <p>All costs associated with the completion of the project should be noted.</p>
	<p><i>Insert Response (Expand the space as needed)</i></p> <p><i>Insert a WORD COUNT (Maximum words available 400)</i></p>

SECTION 4C – LOT 3

Award Criteria Questions (Insert response to each of the questions)

Please Note: If you are submitting a grant application for multiple LOTS based on the same proposed project, complete Section 4A only and this detail will be used to evaluate all LOTS that you have submitted a grant application for.

<p>Q.1</p>	<p>Detail the purpose of the funding and how the adjustments proposed to your indoor or outdoor space will enable group activities to resume in a safe manner in line with COVID-19 restrictions and guidelines.</p> <p>Within your response detail the timescales for completion of the project.</p>
	<p><i>Insert Response (Expand the space as needed)</i></p> <p><i>Insert a WORD COUNT (Maximum words available 650)</i></p>
<p>Q.2</p>	<p>Detail if the grant application is seeking to facilitate a project to (a) establish new activities or services or (b) reintroduce pre COVID-19 activities and what these activities are.</p> <p>Within your response detail the difference that the completion of your proposed project will make in relation to the number of potential activities offered, the number of individuals who can attend activities and the number of hours per week that services / activities will be available.</p>

SECTION 4C – LOT 3

Award Criteria Questions (Insert response to each of the questions)

Please Note: If you are submitting a grant application for multiple LOTS based on the same proposed project, complete Section 4A only and this detail will be used to evaluate all LOTS that you have submitted a grant application for.

	<p><i>Insert Response (Expand the space as needed)</i></p> <p><i>Insert a WORD COUNT (Maximum words available 550)</i></p>
Q.3	<p>Detail how your organisation will encourage people aged 65+ to start or restart attending activities.</p>
	<p><i>Insert Response (Expand the space as needed)</i></p> <p><i>Insert a WORD COUNT (Maximum words available 550)</i></p>
Q.4	<p>Detail how the purpose for which the grant funding is sought will contribute to the mPower Project as per the mPower Aims and Objectives outlined in Appendix 2</p>
	<p><i>Insert Response (Expand the space as needed)</i></p> <p><i>Insert a WORD COUNT (Maximum words available 400)</i></p>

SECTION 4C – LOT 3

Award Criteria Questions (Insert response to each of the questions)

Please Note: If you are submitting a grant application for multiple LOTS based on the same proposed project, complete Section 4A only and this detail will be used to evaluate all LOTS that you have submitted a grant application for.

<p>Q.5</p>	<p>In table format detail a break-down of the costs to complete the proposed project.</p> <p>All costs associated with the completion of the project should be noted.</p>
	<p><i>Insert Response (Expand the space as needed)</i></p> <p><i>Insert a WORD COUNT (Maximum words available 400)</i></p>

SECTION 5

Declaration

The applicant must sign this declaration as part of their grant application.

Please note that failure to sign by an authorised signatory may result in the grant application being rejected.

DECLARATION

I confirm that the information submitted in this grant application is true and accurate. I understand that I may be required to submit documentary evidence in support of this submission.

Signed on behalf of :	
Name: (Print)	
Signature:	
Designation:	
Date:	

Aims and Objectives of mPower Project

The INTERREG VA Programme¹ is one of 60 cross-border funding programmes across the European Union. Projects must involve at least two Member States (UK & Ireland) and demonstrate cross-border cooperation. Northern Ireland, the Border Region of Ireland and Western Scotland share a number of common features with other border areas across Europe where developmental problems are exacerbated by the existence of borders.

As part of the Programme the **mPower** project was developed to address the Programme's Thematic Objective 4.1 –

“Through collaboration on a cross-border basis, to improve the health and well-being of people living in the region by enabling them to access quality health and social care services in the most appropriate settings to their needs.

The aims of the mPower project will therefore enable people to live well, safely and independently in their own homes, supported by a modernised infrastructure for healthy ageing. mPower champions a preventative approach to care, supporting societal change by empowering more people to self-manage their health and care in the community and reduce unnecessary presentation to primary care.

The project will result in improved health and well-being for citizens, delivering 7,000 additional episodes² of health, community and social care on a cross border basis.

Key project objectives are to;

1. Establish cross-sectoral collaboration across Republic of Ireland, Northern Ireland and Scotland to support greater mobility, confidence and reach of health and care professionals and services.
2. Support 2,500 people to self-manage their health and well-being more effectively in the community through social prescribing;

¹ Funding to all projects under the PEACE IV and INTERREG VA Programmes is guaranteed under the current programming period, irrespective of the Withdrawal Agreement between the UK and the EU. Confirmation of from the Programme's Managing Authority SEUPB can be located here <https://interreg.seupb.eu/ems/app/main?execution=e1s1>

² The term 'Episodes' refers to an instance of supporting an individual citizen with their health or well-being via the use of technology/intervention, with the aim of enabling citizens to live well, safely and independently in their homes.

3. Deliver 4,500 eHealth interventions increasing awareness of their benefits in supporting sustainable service delivery through the use of Integrated Home and Mobile Health Monitoring Solutions, Digital Health and Well-being Services/ Apps and Video Enabled Care Services;
4. Effectively engage individuals, community organisations and services in redesign of health and care services.

The project principally targets citizens in the 65+ older people at risk age group with one or more long term condition.

The 'mPower' service delivers outputs across three participating countries. The project is a hub and spoke construct, with a core unit and 7 local deployment teams.

The cross border services developed deliver:

- A Community Navigator service undertaking home visits, co-producing 2,500 personalised Well-being Plans with citizens, focused on prevention and self-management.
- 4,500 episodes of eHealth interventions through use of integrated Home and Mobile Health Monitoring solutions, Digital Health and Well-being services/ apps and Video Enabled Care services.

In addition, the project delivers an Improvement and Support Programme for project staff, community sector, and health and social care professionals, thereby facilitating shared learning, service improvement and transformation.

The cross border added value of the mPower project is delivered through:

- The consistent development of cross border services across three countries, allowing evaluation of services in different locations and populations.
- Joint development of technology enabled care pathways, technology infrastructure, and procurement and community engagement models.
- Cross sectoral and cross border shared learning and improvement support.
- Joint development of methodologies to raise awareness and engage key stakeholders in the use of Well-being Plans and e-health interventions, supporting the adoption of new models of care.